



ELEPHAS

COUNSELLING

COVID-19 SAFETY INFORMATION SHEET

In order to make face to face counselling with Elephas as COVID safe as possible the following measures are in place:-

1. There is not a waiting area so please do not arrive early for your session.
2. If you wish to wear a face covering when arriving/departing or during your session, your personal preferences will be respected. If it is important to you that I wear a face covering, please let me know before our sessions start.
3. Hand sanitizer will be available if you wish to use it.
4. There will be an unobtrusive air purifier turned on in the room during our session which helps to filter out airborne bacteria and viruses.
5. If you are allergic to cats, please let me know so I can take extra steps to remove any hair and dander beforehand.
6. Please do not attend a face-to-face session if you have symptoms of COVID-19 or any other contagious illness such as a stomach bug. If you test positive for COVID-19 before our session, please cancel it. We can continue by telephone or Zoom if you wish or wait until any period of self-isolation is completed.
7. If you test positive for COVID-19 soon after a face-to-face session with me, please let me know as soon as possible.
8. I have had and will continue to have all available doses of the COVID-19 vaccine.

Thank you in advance for your cooperation and I look forward to working with you!